



# Stanford

## Track and Field

2007 NCAA West Regional



## Stanford Track & Field Olympic Medalists by Olympiad



### 2000 GAMES AT SYDNEY

| <i>ATHLETE</i> | <i>EVENT</i>         | <i>MEDAL</i> |
|----------------|----------------------|--------------|
| Chryste Gaines | 100 Meter Relay Team | Bronze       |

### 1996 GAMES AT ATLANTA

| <i>ATHLETE</i> | <i>EVENT</i>    | <i>MEDAL</i> |
|----------------|-----------------|--------------|
| Chryste Gaines | 400 Meter Relay | Gold         |

### 1968 GAMES AT MEXICO CITY, MEXICO

| <i>ATHLETE</i> | <i>EVENT</i> | <i>MEDAL</i> |
|----------------|--------------|--------------|
| Bill Toomey    | Decathlon    | Gold         |

### 1964 GAMES AT TOKYO, JAPAN

| <i>ATHLETE</i> | <i>EVENT</i> | <i>MEDAL</i> |
|----------------|--------------|--------------|
| Dave Weill     | Discus       | Bronze       |

### 1952 GAMES AT HELSINKI, FINLAND

| <i>ATHLETE</i> | <i>EVENT</i> | <i>MEDAL</i> |
|----------------|--------------|--------------|
| Bob Mathias    | Decathlon    | Gold         |

### 1948 GAMES AT LONDON, ENGLAND

| <i>ATHLETE</i> | <i>EVENT</i> | <i>MEDAL</i> |
|----------------|--------------|--------------|
| Bob Mathias    | Decathlon    | Gold         |

### 1936 GAMES AT BERLIN, GERMANY

| <i>ATHLETE</i> | <i>EVENT</i> | <i>MEDAL</i> |
|----------------|--------------|--------------|
| Gordon Dunn    | Discus       | Silver       |

### 1932 GAMES AT LOS ANGELES

| <i>ATHLETE</i> | <i>EVENT</i>    | <i>MEDAL</i> |
|----------------|-----------------|--------------|
| Hec Dyer       | 400 Meter Relay | Gold         |
| Ben Eastman    | 400 Meters      | Silver       |
| Rothert Harlow | Shot Put        | Silver       |
| Henry Laborde  | Discus          | Silver       |
| Bill Miller    | Pole Vault      | Gold         |

### 1928 GAMES AT AMSTERDAM, HOLLAND

| <i>ATHLETE</i> | <i>EVENT</i>     | <i>MEDAL</i> |
|----------------|------------------|--------------|
| Bob King       | High Jump        | Gold         |
| Bud Spencer    | 1600 Meter Relay | Gold         |

### 1924 GAMES AT PARIS, FRANCE

| <i>ATHLETE</i>  | <i>EVENT</i> | <i>MEDAL</i> |
|-----------------|--------------|--------------|
| Glenn Hartranft | Shot Put     | Silver       |

### 1920 GAMES AT ANTWERP, BELGIUM

| <i>ATHLETE</i> | <i>EVENT</i>      | <i>MEDAL</i> |
|----------------|-------------------|--------------|
| Morris Kirksey | 400 Meter Relay   | Gold         |
|                | 100 Meters        | Silver       |
| Feg Murray     | 110 High Hurdles  | Bronze       |
| John Norton    | 400 Meter Hurdles | Silver       |

### 1912 GAMES AT STOCKHOLM, SWEDEN

| <i>ATHLETE</i> | <i>EVENT</i> | <i>MEDAL</i> |
|----------------|--------------|--------------|
| George Horine  | High Jump    | Bronze       |



# STANFORD TRACK AND FIELD

2007 NCAA West Regional

Friday-Saturday, May 25-26 at Hayward Field; Eugene, Oregon



## 2007 STANFORD OUTDOOR SCHEDULE

### MARCH

|       |                       |              |
|-------|-----------------------|--------------|
| 3     | Stanford Quad-Meet    | Stanford, CA |
| 28-29 | Cal Multis            | Berkeley, CA |
| 30-31 | Stanford Invitational | Stanford, CA |

### APRIL

|       |                          |                                     |
|-------|--------------------------|-------------------------------------|
| 7     | Stanford Big Meet        | W, 452-234 (Men)<br>W, 88-75 (Wom.) |
| 13-14 | Brutus Hamilton          | Berkeley, CA                        |
| 13-15 | Mt SAC                   | Walnut, CA                          |
| 21    | Triton Invitational      | La Jolla, CA                        |
| 27-28 | Cal Coll. Challenge      | Berkeley, CA                        |
| 29    | PJ Cardinal Invitational | Stanford, CA                        |

### MAY

|       |                      |  |
|-------|----------------------|--|
| 5-6   | Pac-10 Multis        | Stanford, CA                           |
| 12-13 | Pac-10 Championships | M, 8th (72 pts)<br>W, 2nd (134.33 pts) |
| 25-26 | NCAA Regionals       | Eugene, OR                             |

### JUNE

|       |                     |                  |
|-------|---------------------|------------------|
| 6-9   | NCAA Championships  | Sacramento, CA   |
| 20-24 | USATF Championships | Indianapolis, IN |

## POST SEASON SUCCESS

Stanford heads into this 2007 post season with hopes of improving on an already rich tradition:

- 54 - Individual Men's Conference Champions
- 39 - Individual Women's Conference Champions
- 54 - Individual Men's NCAA Champions
- 25 - Individual Women's NCAA Champions
- 4 - NCAA Men's Team Championships

## QUICK FACTS

|                      |                          |
|----------------------|--------------------------|
| <b>Location:</b>     | Stanford, CA             |
| <b>Year Founded:</b> | 1891                     |
| <b>Enrollment:</b>   | 13,811 (6,556 undergrad) |
| <b>President:</b>    | John L. Hennessy         |
| <b>AD:</b>           | Bob Bowlsby              |
| <b>Website:</b>      | www.gostanford.com       |

## UP NEXT:

The 40 Cardinal athletes qualifying for the NCAA West Regional will compete Friday-Saturday, May 25-26 at Hayward Field in Eugene, Oregon. The women are coming off a second place finish in the Pac-10 Championships, while the men took eighth place at the competition.

Regional qualifiers from the states of Arizona, California, Idaho, Nevada, Oregon and Washington will compete for top-five individual event and top-three relay event finishes to earn invitations to the NCAA Championships, Wednesday-Saturday, June 6-9 in Sacramento, California. The remaining 6-8 slots in the approximate 26-28 person NCAA fields will be announced on Tuesday afternoon, May 29 by the NCAA championship committee.

## NCAA WEST REGIONAL QUALIFIERS:

Over the course of the season, 40 Cardinal athletes have qualified NCAA West Regional. The list includes...

### MEN (19 Qualifiers):

- \*Wopamo Osaisai - 100 meters (10.47)
- \*Michael Garcia - 800 meters (1:49.22)
- \*Russell Brown - 1500 meters (3:41.51)
- \*Garrett Heath - 1500 meters (3:43.01)
- \*Brett Gotcher - 1500 meters (3:44.54), 5000 meters (14:08.45)
- \*Lauren Jespersen - 1500 meters (3:46.86)
- \*Jacob Gomez - 1500 meters (3:46.88), 5000 meters (13:55.09)
- \*Rolf Steier - 1500 meters (3:47.63)
- \*Hari Mix - 5000 meters (14:03.20)
- \*Chris Mocko - 3000 meter Steeplechase (8:59.85)
- \*Graeme Hoste - Pole Vault (17-6 1/2, 5.35m)
- \*Josh Hustedt - Pole Vault (16-6 3/4, 5.05m), Long Jump (24-04 1/2, 7.43m), 110m Hurdles (14.25)
- \*Richard Sherman - Triple Jump (50-00, 15.24m)
- \*Feranmi Okanlami - Triple Jump (50-4 3/4, 15.36m)
- \*Adrian Munabi - Triple Jump (49-05, 15.08m)
- \*Mike Macellari - Shot Put (57-00 3/4, 17.39m)
- \*Michael Robertson - Shot (55-01 1/2, 16.80m), Discus (205-09, 62.71m)
- \*Daniel Schaefer - Discus (196-06, 59.89m)
- \*Kyle Davis-Hammerquist - Hammer (190-06, 58.02m)

### WOMEN (21 Qualifiers):

- \*Jakkie Bailey - 100 meters (11.45), 200 meters (23.66)
- \*Janice Davis - 100 meters (11.60), 200 meters (23.69)
- \*Sarah (Griffin) Matthew - 100 meters (11.74), Long Jump (19-09 1/2, 6.03m)
- \*Ashley Freeman - 800 meters (2:06.12)
- \*Arianna Lambie - 800m (2:08.23), 1500m (4:15.74), 5000m (15:31.34)
- \*Alicia Follmar - 800 meters (2:09.08), 1500 meters (4:21.72)
- \*Lauren Centrowitz - 1500 meters (4:19.76)
- \*Amanda Trotter - 1500 meters (4:25.51), 5000 meters (16:45.14)
- \*Teresa McWalters - 5000 meters (16:08.09)
- \*Katie Harrington - 5000 meters (16:41.24), 3000m Steeple (10:29.35)
- \*Katy Trotter - 5000 meters (16:41.70)
- \*Lindsay Allen - 3000 meter Steeplechase (10:20.91)
- \*Maddie O'Meara - 3000 meter Steeplechase (10:41.87)
- \*4x100 meter Relay - (44.78)
- \*4x400 meter Relay - (3:36.84)
- \*Lauren Stewart - High Jump (5-10, 1.78m), Triple Jump (41-7 1/4, 12.68m)
- \*Lindsey Gannaway - High Jump (5-08, 1.75m)
- \*Erica McLain - Long Jump (21-3 1/2, 6.49m), Triple Jump (46-5 1/4, 14.15m)
- \*Michaela Wallerstedt - Discus Throw (161-11, 49.35m), Shot Put (14.58m)
- \*Melissa Yunghans - Shot Put (50-04 3/4, 15.36m)
- \*Katy Elsbury - Hammer Throw (185-00, 56.38m)
- \*Jaynie Goodbody - Hammer Throw (180-01, 54.88m)
- \*Danielle Maier - Javelin (160-11, 49.06m)

## 2007 NCAA West Regional Schedule

### Friday, May 25

|           |                            |
|-----------|----------------------------|
| 1:00 p.m. | Javelin (W)                |
| 1:20 p.m. | Hammer (M)                 |
| 2:15 p.m. | High Jump (W)              |
| 2:30 p.m. | 4x100m Relay (M) - Prelims |
| 2:45 p.m. | 4x100m Relay (W) - Prelims |
| 3:00 p.m. | 1,500m (M) - Prelims       |
| 3:00 p.m. | Pole Vault (M)             |
| 3:15 p.m. | 1,500m (W) - Prelims       |
| 3:25 p.m. | Long Jump (M)              |
| 3:35 p.m. | 110m Hurdles (M) - Prelims |
| 3:55 p.m. | 100m Hurdles (W) - Prelims |
| 4:15 p.m. | 100m (M) - Prelims         |
| 4:30 p.m. | 100m (W) - Prelims         |
| 4:45 p.m. | 400m (M) - Prelims         |
| 4:50 p.m. | Discus (M)                 |
| 5:00 p.m. | 400m (W) - Prelims         |
| 5:15 p.m. | 800m (M) - Prelims         |
| 5:22 p.m. | Long Jump (W)              |
| 5:27 p.m. | Shot Put (W)               |
| 5:30 p.m. | 800m (W) - Prelims         |
| 5:50 p.m. | 400m Hurdles (M) - Prelims |
| 6:10 p.m. | 400m Hurdles (W) - Prelims |
| 6:30 p.m. | 200m (M) - Prelims         |
| 6:45 p.m. | 200m (W) - Prelims         |
| 7:00 p.m. | 5,000m (M)                 |
| 7:20 p.m. | 5,000m (W)                 |

### Saturday, May 26

|            |                         |
|------------|-------------------------|
| 11:00 a.m. | Javelin (M)             |
| 11:15 a.m. | Hammer (W)              |
| 12:45 p.m. | Pole Vault (W)          |
| 1:30 p.m.  | 4x100m Relay (M)        |
| 1:40 p.m.  | 4x100m Relay (W)        |
| 1:50 p.m.  | 1,500m (M)              |
| 1:57 p.m.  | Triple Jump (W)         |
| 2:00 p.m.  | 1,500m (W)              |
| 2:07 p.m.  | High Jump (M)           |
| 2:15 p.m.  | 110m Hurdles (M)        |
| 2:25 p.m.  | 100m Hurdles (W)        |
| 2:30 p.m.  | Discus (W)              |
| 2:35 p.m.  | 100m (M)                |
| 2:40 p.m.  | 100m (W)                |
| 2:45 p.m.  | 400m (M)                |
| 2:50 p.m.  | 400m (W)                |
| 2:55 p.m.  | 800m (M)                |
| 3:00 p.m.  | 800m (W)                |
| 3:02 p.m.  | Triple Jump (M)         |
| 3:07 p.m.  | Shot Put (M)            |
| 3:10 p.m.  | 400m Hurdles (M)        |
| 3:20 p.m.  | 400m Hurdles (W)        |
| 3:30 p.m.  | 200m (M)                |
| 3:35 p.m.  | 200m (W)                |
| 3:45 p.m.  | 3,000m Steeplechase (M) |
| 4:10 p.m.  | 3,000m Steeplechase (W) |
| 4:35 p.m.  | 4x400m Relay (M)        |
| 4:50 p.m.  | 4x400m Relay (W)        |

## CARDINAL IN THE NATIONAL TOP 20

### Women

Ashley Freeman - 800m (No. 20, 2:06.12)  
 Arianna Lambie - 1500m (No. 3, 4:15.75); 5000m (No. 2, 15:31.84)  
 Teresa McWalters - 5000m (No. 17, 16:08.09)  
 Erica McLain - Lng Jmp (No. 14, 6.37m); Triple Jmp (No. 1, 14.15m)

### Men

Russell Brown - 1500m (No. 6, 3:41.51)  
 Brett Gotcher - 10,000m (No. 16, 28:51.65)  
 Graeme Hoste - Pole Vault (No. 12, 5.35m)  
 Michael Robertson - Discus Throw (No. 4, 62.71m)  
 Daniel Schaerer - Discus Throw (No. 12, 59.89m)  
 Josh Hustedt - Decathlon (No. 14, 7286 points)

## 2006 NCAA WEST REGIONAL REVIEW:

Last season the Cardinal women tied for first place at the NCAA West Regional, successfully defending their 2005 West Regional Title. The team went on to finish 12th at the NCAA Championships, as they scored 20 team points. In 2006, the men recorded a ninth place finish at the West Regional, before earning a 37th place NCAA Championships finish by scoring six team points at the meet.

### WOMEN:

|                    |           |
|--------------------|-----------|
| <b>1. Stanford</b> | <b>94</b> |
| 1. USC             | 94        |
| 3. UCLA            | 92.5      |
| 4. Arizona State   | 82        |
| 5. Oregon          | 62        |
| 6. Cal             | 47        |
| 7. Washington      | 30        |
| 8. Utah State      | 28        |
| 9. Arizona         | 25        |
| 10. BYU            | 20        |

### MEN:

|                     |           |
|---------------------|-----------|
| 1. USC              | 123       |
| 2. BYU              | 86.5      |
| 3. Arizona          | 75        |
| 4. Washington       | 71        |
| 5. Oregon           | 63        |
| 6. UCLA             | 62.5      |
| 7. Washington State | 39        |
| 8. Boise State      | 33        |
| <b>9. Stanford</b>  | <b>28</b> |
| 10. Arizona State   | 26        |

## MEDAL MARK

Last season at the NCAA West Regional, Cardinal athletes finished in the top three in seven events, including:

### Women

\*Nashonme Johnson - 400m (No. 1, 53.65)  
 \*Ashley Freeman - 800m (No. 3, 2:08.84)  
 \*Kathleen Trotter - 5000m (No. 2, 16:57.29)  
 \*4x400m Relay (No. 3, 3:37.16)  
 \*Erica McLain - Triple Jump (No. 1, 13.61m)

### Men

\*Graeme Hoste - Pole Vault (No. 3, 5.51m)  
 \*Josh Hustedt - Long Jump (No. 2, 7.48m)

## 2006 NCAA West Regional Champions (Women)

### USTFCCCA Outdoor Men's Poll (as of 05/15/07)

1. Florida State
2. LSU
3. Auburn
4. *USC*
5. *Oregon*
6. Tennessee
7. *UCLA*
8. Texas
9. *Arizona State*
10. Baylor
11. Wisconsin
12. Arkansas
13. North Carolina
14. Louisville
15. Clemson
16. *Arizona*
17. *Washington*
18. Mississippi
19. BYU
20. Texas Tech

### USTFCCCA Outdoor Women's Poll (as of 05/15/07)

1. *Arizona State*
2. LSU
3. South Carolina
4. Auburn
5. Georgia
6. Texas A&M
7. *UCLA*
8. Texas
9. Michigan
- 10. Stanford**
11. *USC*
12. *Oregon*
13. Texas Tech
14. *Cal*
15. Nebraska
16. Virginia Tech
17. *Washington State*
18. Georgia Tech
19. Miami
20. Arkansas

#### **100 Meter Dash**

Carol Rodriguez, USC, 11.09

#### **200 Meter Dash**

Carol Rodriguez, USC, 22.62

#### **400 Meter Dash**

**Nashonme Johnson, Stanford, 53.65**

#### **800 Meter Run**

Rebekah Noble, Oregon, 2:06.45

#### **1,500 Meter Run**

Jennifer Twitchell, Utah State, 4:24.08

#### **3,000 Meter Steeplechase**

Amy Fowler, BYU, 10:32.36

#### **5,000 Meter Run**

Jenna Kingma, Arizona State, 16:55.58

#### **100 Meter Hurdles**

Virginia Powell, USC, 12.61

#### **400 Meter Hurdles**

Nicole Leach, UCLA, 56.54

#### **4x100 Meter Relay**

USC (Virginia Powell, Jessica Onyepunuka, Candice Davis, Carol Rodriguez), 43.59

#### **4x400 Meter Relay**

ASU (Bridgette Williams, Christina Hardeman, Shauntel Elcock, Latosha Wallace), 3:33.98

#### **High Jump**

Rhonda Watkins, UCLA, 1.76m (5-9.25)

#### **Pole Vault**

Chelsea Johnson, UCLA, 4.26m (13-11.75)

#### **Long Jump**

Rhonda Watkins, UCLA, 6.55m, (21-6)

#### **Triple Jump**

**Erica McLain, Stanford, 13.61m, (44-8)**

#### **Shot Put**

Sarah Stevens, Arizona State, 17.46m (57-3.5)

#### **Discus Throw**

Kate Hutchinson, USC, 55.33m (181-6)

#### **Hammer Throw**

Eva Orban, USC, 69.10m (226-8)

#### **Javelin Throw**

Rachel Yurkovich, Oregon, 50.48m (165-7)

**2006 NCAA Championship Results****2006 NCAA West Regional Champions (Men)****MEN:**

|             |                         |          |
|-------------|-------------------------|----------|
| 1.          | Florida State           | 67       |
| 2.          | LSU                     | 51       |
| 3.          | Texas                   | 36       |
| 4.          | <i>Arizona</i>          | 34       |
| 5.          | Arkansas                | 33       |
| 6.          | Tennessee               | 32       |
| 7.          | Texas-El Paso           | 31       |
| 8.          | Wisconsin               | 30       |
| 9.          | Brigham Young           | 26       |
|             | <i>USC</i>              | 26       |
|             | North Carolina          | 26       |
| T12.        | <i>Oregon</i>           | 23       |
| T22.        | <i>UCLA</i>             | 11       |
|             | <i>Washington</i>       | 11       |
| T26.        | <i>Washington State</i> | 10       |
| 29.         | <i>Arizona State</i>    | 9        |
| <b>T37.</b> | <b>Stanford</b>         | <b>6</b> |
| T46.        | <i>Cal</i>              | 4        |

**WOMEN:**

|            |                         |           |
|------------|-------------------------|-----------|
| 1.         | Auburn                  | 57        |
| 2.         | <i>USC</i>              | 50        |
| 3.         | South Carolina          | 38        |
| 4.         | <i>Arizona State</i>    | 37        |
|            | Nebraska                | 37        |
| 6.         | Texas                   | 36        |
| 7.         | LSU                     | 30        |
|            | Miami                   | 30        |
| 9.         | Georgia                 | 25.75     |
| 10.        | Texas A&M               | 24        |
| 11.        | <i>Oregon</i>           | 23        |
| <b>12.</b> | <b>Stanford</b>         | <b>20</b> |
| T14.       | <i>UCLA</i>             | 18        |
| T21.       | <i>Washington</i>       | 12        |
| T25.       | <i>Washington State</i> | 10        |
| T37.       | <i>Cal</i>              | 6         |
| T70.       | <i>Arizona</i>          | 1         |

**100 Meter Dash**

Wes Felix, USC, 10.45

**200 Meter Dash**

Wes Felix, USC, 20.58

**400 Meter Dash**

Lionel Larry, USC, 45.53

**800 Meter Run**

Ryan Brown, Washington, 1:48.20

**1,500 Meter Run**

Robert Cheseret, Arizona, 3:52.34

**3,000 Meter Steeplechase**

Josh McAdams, BYU, 8:50.12

**5,000 Meter Run**

Robert Cheseret, Arizona, 14:25.32

**110 Meter Hurdles**

Eric Mitchum, Oregon, 13.52

**400 Meter Hurdles**

Brandon Johnson, UCLA, 50.12

**4x100 Meter Relay**

USC (Garry Jones, Matthew Palmer, Phillip Francis, Roy Alugbue), 39.68

**4x400 Meter Relay**

Washington (Jordan Boase, Shane Charles, Ryan Brown, Bruce Jackson), 3:04.67

**High Jump**

Jesse Williams, USC, 2.19m (7-2.25)

**Pole Vault**

Robison Pratt, BYU, 5.61m (18-4.75)

**Long Jump**

Joel Tuosto, UCLA, 7.79m, (25-6.75)

**Triple Jump**

Ronald Carter, Long Beach, 16.08m, (52-9.25)

**Shot Put**

Sean Shields, Arizona, 19.29m (63-3.5)

**Discus Throw**

Sean Shields, Arizona, 59.82m (196-3)

**Hammer Throw**

Mattias Jons, Boise State, 68.58m (225-0)

**Javelin Throw**

Keron Francis, Boise State, 71.93m (236-0)

## All-Americans Since '99 (48)

### 2006

Russell Brown, mile (i)  
Russell Brown, 1500 meters  
Joaquin Chapa, distance medley relay  
Michael Garcia, distance medley relay  
Jacob Gomez, 3000 meters (i)  
Brett Gotcher, 10,000 meters  
Garrett Heath, distance medley relay  
Jonathan Pierce, 3000 meter steeplechase  
Rolf Steier, 1500 meters  
Chauntae Bayne-Hackett, 60 meters (i)  
Chauntae Bayne-Hackett, 200 meters (i)  
Janice Davis, 100 meters  
Janice Davis, 200 meters (i)  
Ashley Freeman, distance medley relay  
Ashley Freeman, 800 meters  
Keisha Gaines, distance medley relay  
Arianna Lambie, 3000 meters (i)  
Arianna Lambie, mile (i)  
Arianna Lambie, distance medley relay  
Erica McLain, triple jump (i)  
Erica McLain, triple jump  
Erica McLain, long jump  
Erica McLain, long jump (i)  
Teresa McWalters, 3000 meters (i)  
Amanda Trotter, 3000 meters (i)  
Amanda Trotter, distance medley relay  
Katy Trotter, 3000 meters  
Katy Trotter, 5000 meters

### 2005

Erica McLain, long jump (i)  
Erica McLain, triple jump  
Erica McLain, triple jump (i)  
Christine Moschella, Indoor DMR  
Chinny Ofor, Indoor DMR  
Nick Sebes, Indoor DMR  
1600 meter relay team

### 2004

Janice Davis, 400 meter relay  
Ashley Freeman, Indoor DMR  
Nashonme Johnson, 400 meter relay  
Christine Moschella (400 meter relay)  
Chinny Ofor (indoor distance medley relay)  
Ashley Purnell, 400 meter relay

### 2003

Nick Sebes, Indoor DMR  
Christine Moschella, Indoor DMR

### 2002

Curtis Goehring, Indoor DMR  
Christine Moschella, Indoor DMR

### 2000

Evan Kelty, Indoor DMR  
Jayna Smith, Indoor DMR

### 1999

Tracye Lawyer, Heptathlon

## TURNING THE TIDE:

Edrick Floreal, who has spearheaded a resurgence of the Stanford Track & Field program, was named Franklin P. Johnson Director of Track & Field during the fall of 2005 by former Stanford Athletic Director Dr. Ted Leland.

Under Floreal's tutelage, the Cardinal men's and women's teams have enjoyed an immense amount of success. From national championships in cross country to outstanding individual efforts at every level, Floreal continues to create an atmosphere of excellence on the Farm.

Since his arrival at Stanford nine years ago, the Cardinal men and women have enjoyed tremendous success at the Conference and NCAA championship level. Floreal has developed the Stanford sprinters, hurdlers and jumpers into Pac-10 and NCAA Championship title contenders.

During Floreal's first year as Franklin P. Johnson Director of Track & Field, his women's squad captured runner-up honors at the NCAA Indoor Track & Field Championship, Stanford's highest finish ever at the event. Seven athletes tallied 10 All-American performances, including Chauntae Bayne-Hackett's third-place finish in the 200 meters and eighth-place finish in the 60 meters, setting school records in both events and earning All-America honors in the indoor 200 meters. Sophomore Erica McLain earned All-American honors in the long and triple jump. Floreal was named MPSF Coach of the Year for the third-straight year after capturing the women's indoor conference title.

Floreal was later named the West Regional Outdoor Coach of the Year.

In 2005, Stanford's crew of sprinters, hurdlers and jumpers were simply sensational in a season that led to Pac-10 Conference, District and NCAA West Regional Coach of the Year honors for Floreal.

In his first season as head coach of the women's squad, Floreal led Stanford to a runner-up finish at the 2004 Pac-10 Championships with 153 points. The Cardinal women finished sixth at the 2004 NCAA Outdoor Championships. At the 2004 NCAA Indoor Championships, Floreal coached Stanford to a seventh place finish. Floreal was named the 2004 MPSF Track and Field Coach of the Year after guiding the Cardinal to its second consecutive MPSF Indoor Track and Field Championship title.

Floreal's vast technical knowledge in the sprints, hurdles and jumps, and his experience as a world-class athlete have benefited several athletes to outstanding individual accomplishments in a wide variety of events.

In 1999, Floreal coached Tracye Lawyer to the 1999 NCAA title in the heptathlon and her third consecutive Pac-10 title. Floreal coached Michael Ponikvar to three Pac-10 Conference high jump titles in 1999, 2001 and 2002. In 2003, Floreal coached Grace Upshaw to the U.S. National Title in the women's long jump and a No. 5 world ranking. Upshaw finished second at the 2004 U.S. Olympic Trials to earn a spot on the U.S. Olympic team. Floreal also coached Stanford alumnus Jackie Edwards to her fourth Olympics in the long jump. In 2004, Floreal helped guide 2000 Stanford graduate Toby Stevenson to a silver medal at the Athens Olympics.

Floreal served as an assistant coach for Team USA at the 2002 IAAF World Junior Track and Field Championships in Kingston, Jamaica, which featured the world record-setting men's 4x100 meter relay team, the first team to run under 39 seconds. Prior to his arrival at Stanford, Floreal produced 13 All-Americans in three seasons at Kentucky. He also enjoyed successful coaching stints at Georgia Tech and Nebraska.

Floreal graduated from Arkansas in 1990. While a student-athlete for the Razorbacks, he captured five NCAA triple jump titles and four NCAA team championships. He was the first and only athlete to win three consecutive triple jump titles. He also competed for Canada at the 1988 and 1992 Summer Olympic Games.



# STANFORD MEDIA RELATIONS

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## 2007 Stanford Men's Track & Field Best Times & Marks (as of May 14, 2007)

| <b>100 Meter Dash (+10.50 NCAA; # School Record)</b>    |                                     | <b>Times/Marks</b> |
|---|-------------------------------------|--------------------|
| 1. Wopamo Osaisai                                       | Pac-10 Championships (5/12/07)      | +10.47             |
| 2. Daniel Belch   | Big Meet (4/7/07)                   | 10.79              |
| 3. Myles Bradley  | Big Meet (4/7/07)                   | 10.96              |
| 4. Josh Hustedt   | Cal Multis (3/28/07)                | 10.99              |
| 5. Ryan Fisticaro                                       | Cal Collegiate Challenge (4/27/07)  | 11.09              |
| <b>110 Meter Hurdles (+14.30 NCAA; # School Record)</b> |                                     |                    |
| 1. Myles Bradley  | Big Meet (4/7/07)                   | 14.09              |
| 2. Josh Hustedt   | Pac-10 Championships (5/12/07)      | 14.25              |
| 3. Joseph Jackson                                       | Cal Collegiate Challenge (4/27/07)) | 14.50              |
| 4. Richard Sherman                                      | Quad Meet (3/3/07)                  | 14.55              |
| <b>200 Meter Dash (+21.19 NCAA; # School Record)</b>    |                                     |                    |
| 1. Daniel Belch   | Big Meet (4/7/07)                   | 22.30              |
| 2. Josh Hustedt   | PJCI (4/29/07)                      | 22.42              |
| 3. Ryan Fisticaro                                       | Triton Invite (4/21/07)             | 22.66              |
| 4. Durell Coleman                                       | Stanford Invite (3/30/07)           | 22.69              |
| 5. Ben Dickens  | PJCI (4/29/07)                      | 23.47              |
| <b>400 Meter Dash (+47.20 NCAA; # School Record)</b>    |                                     |                    |
| 1. Durell Coleman                                       | Big Meet (4/7/07)                   | 48.35              |
| 2. Michael Garcia                                       | Stanford Invite (3/31/07)           | 48.81              |
| 3. Elliot Luscombe                                      | Big Meet (4/7/07)                   | 49.30              |
| 4. Josh Hustedt   | Pac-10 Multis (5/5/07)              | 50.00              |
| 5. Chris Hadley   | Stanford Invite (3/31/07)           | 52.15              |
| <b>400 Meter Hurdles (+52.51 NCAA; # School Record)</b> |                                     |                    |
| 1. Joseph Jackson                                       | Big Meet (4/7/07)                   | 55.32              |
| 2. Chris Hadley   | Cal Collegiate Challenge (4/27/07)  | 57.76              |
| <b>800 Meter Run (+1:50.40 NCAA; # School Record)</b>   |                                     |                    |
| 1. Michael Garcia                                       | PJCI (4/29/07)                      | +1:49.22           |
| 2. Russell Brown  | Triton Invite (4/21/07)             | 1:50.51            |
| 3. Garrett Heath  | Triton Invite (4/21/07)             | 1:50.61            |
| 4. Lauren Jespersen                                     | Triton Invite (4/21/07)             | 1:51.42            |
| 5. Jacob Evans  | Stanford Invite (3/30/07)           | 1:52.07            |

**1500 Meter Run (+3:47.80 NCAA; # School Record)**

|                     |                           |          |
|---------------------|---------------------------|----------|
| 1. Russell Brown    | PJCI (4/29/07)            | +3:41.51 |
| 2. Garrett Heath    | PJCI (4/29/07)            | +3:43.01 |
| 3. Brett Gotcher    | Triton Invite (4/21/07)   | +3:44.54 |
| 4. Lauren Jespersen | Stanford Invite (3/31/07) | +3:46.86 |
| 5. Jacob Gomez      | Triton Invite (4/21/07)   | +3:46.88 |
| 6. Rolf Steier      | Stanford Invite (3/31/07) | +3:47.63 |

**5000 Meter Run (+14:12.00 NCAA; # School Record)**

|                  |                                |           |
|------------------|--------------------------------|-----------|
| 1. Jacob Gomez   | PJCI (4/29/07)                 | +13:55.09 |
| 2. Hari Mix      | PJCI (4/29/07)                 | +14:03.20 |
| 3. Brett Gotcher | Stanford Invite (3/31/07)      | +14:08.45 |
| 4. Nef Araia     | PJCI (4/29/07)                 | 14:19.14  |
| 5. Garrett Heath | Pac-10 Championships (5/13/07) | 14:22.33  |

**10,000 Meter Run (+28:45.00 NCAA; # School Record)**

|                  |                                |          |
|------------------|--------------------------------|----------|
| 1. Brett Gotcher | PJCI (4/29/07)                 | 28:51.65 |
| 2. Hari Mix      | Pac-10 Championships (5/12/07) | 29:25.47 |

**3000 Meter Steeplechase (+9:07.00 NCAA; # School Record)**

|                  |                   |          |
|------------------|-------------------|----------|
| 1. Chris Mocko   | PJCI (4/29/07)    | +8:59.85 |
| 2. Kevin Bickham | Big Meet (4/7/07) | 9:59.77  |

**4x100 Meter Relay (+40.66 NCAA; # School Record)**

|   |                    |       |
|---|--------------------|-------|
| 1. Stanford "A"<br>Daniel Belch, Josh Hustedt, Ryan Fisicaro, Wopamo Osaisai  | Big Meet (4/7/07)  | 41.35 |
| 2. Stanford "A"<br>Daniel Belch, Durell Coleman, Richard Cairns, J.J. Jackson | Quad Meet (3/3/07) | 43.03 |

**4x400 Meter Relay (+3:10.00 NCAA; # School Record)**

|  |                                |         |
|--|--------------------------------|---------|
| 1. Stanford "A"<br>Josh Hustedt, Elliot Luscombe, Durell Coleman, Michael Garcia | Pac-10 Championships (5/13/07) | 3:12.97 |
| 2. Stanford "A"<br>Chris Hadley, Elliot Luscombe, Durell Coleman, Justin Reed    | Quad Meet (3/3/07)             | 3:16.50 |
| 3. Stanford "B"  | Stanford Invite (3/31/07)      | 3:21.12 |

**High Jump (+2.10m NCAA; # School Record)**

|                   |                      |              |
|-------------------|----------------------|--------------|
| 1. Josh Hustedt   | Cal Multis (3/28/07) | 6-09 (2.06m) |
| 2. Durell Coleman | Quad Meet (3/3/07)   | 6-07 (2.01m) |

**Pole Vault (+5.05m NCAA; # School Record)**

|                 |                                |                    |
|-----------------|--------------------------------|--------------------|
| 1. Graeme Hoste | Pac-10 Championships (5/12/07) | +17-06 1/2 (5.35m) |
| 2. Josh Hustedt | Triton Invite (4/21/07)        | +16-06 3/4 (5.05m) |
| 3. Ben Dickens  | Quad Meet (3/3/07)             | 15-09 (4.80m)      |
| 4. Ben Sheehan  | Cal Coll. Challenge (4/27/07)  | 15-01 (4.60m)      |

**Long Jump (+7.34m NCAA; # School Record)**

|                    |                                |                     |
|--------------------|--------------------------------|---------------------|
| 1. Josh Hustedt    | Pac-10 Multis (5/5/07)         | +24 -04 1/2 (7.43m) |
| 2. Adrian Munabi   | Big Meet (4/7/07)              | 24-00 1/4 (7.32m)   |
| 3. Richard Sherman | Pac-10 Championships (5/12/07) | 22-11 1/4 (6.99m)   |

4. Feranmi Okanlami Big Meet (4/7/07) 22-00 1/4 (6.71m)

**Triple Jump (+15.00m NCAA; # School Record)**

1. Feranmi Okanlami Pac-10 Championships (5/13/07) +50-04 3/4 (15.36m)  
2. Richard Sherman Big Meet (4/7/07) +50-00 (15.24m)  
3. Adrian Munabi Big Meet (4/7/07) +49-05 3/4 (15.08m)

**Shot Put (+16.80m NCAA; # School Record)**

1. Michael Macellari Cal Coll. Challenge (4/27/07) +57-00 3/4 (17.39m)  
2. Michael Robertson Big Meet (4/7/07) +55-01 1/2 (16.80m)  
3. Mark Shughart PJC I (4/29/07) 49-08 1/2 (15.15m)  
4. Josh Hustedt Cal Multis (3/29/07) 37-11 1/4 (11.56m)

**Discus Throw (+51.70m NCAA; # School Record)**

1. Michael Robertson Pac-10 Championships (5/12/07) +205-09 (62.71m)  
2. Daniel Shcaerer Mt. Sac Relays (4/15/07) +196-06 (59.89m)  
3. Michael Macellari Pac-10 Championships (5/12/07) 168-10 (51.47m)  
4. Mark Shughart Stanford Invite (3/30/07) 161-10 (49.32m)  
5. Josh Hustedt PJC I (4/29/07) 116-10 (35.62m)

**Hammer Throw (+55.60m NCAA; # School Record)**

1. Kyle Davis-Hammerquist Big Meet (4/7/07) +190-06 (58.02m)  
2. Mark Kogan Stanford Invite (3/30/07) 157-04 (47.97m)

**Javelin (+61.60m NCAA; # School Record)**

1. Daniel Haddock Big Meet (4/7/07) 182-08 (55.69m)  
2. Josh Hustedt Cal Multis (3/29/07) 150-8 (45.95m)

**Decathlon (+7,500 points NCAA Automatic; = NCAA Provisional; # School Record)**

1. Josh Hustedt Cal Multis (3/29/07) =7,286 points



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## 2007 Stanford Women's Outdoor Track & Field Best Times & Marks (as of May 14, 2007)

### 100 Meter Dash (+11.75 NCAA; # School Record)

|                  |                                    | Time/Mark |
|------------------|------------------------------------|-----------|
| 1. Jakki Bailey  | Pac-10 Championships (5/12/07)     | +11.45    |
| 2. Janice Davis  | Cal Collegiate Challenge (4/27/07) | +11.60    |
| 3. Sarah Matthew | Cal Collegiate Challenge (4/27/07) | +11.74    |

### 100 Meter Hurdles (+13.92 NCAA; # School Record)

|                   |                                    |       |
|-------------------|------------------------------------|-------|
| 1. Lauren Stewart | UCLA (4/14 /07)                    | 14.00 |
| 2. Nora Miller    | Cal Collegiate Challenge (4/27/07) | 14.04 |
| 3. Kara Bennett   | Pac-10 Multis (5/5/07)             | 16.40 |

### 200 Meter Dash (+23.96 NCAA; # School Record)

|                   |                                    |        |
|-------------------|------------------------------------|--------|
| 1. Jakki Bailey   | Big Meet (4/7/07)                  | +23.66 |
| 2. Janice Davis   | Big Meet (4/7/07)                  | +23.69 |
| 3. Sarah Matthew  | Stanford Invite (3/30/07)          | 24.79  |
| 4. Ashley Freeman | Triton Invite (4/21/07)            | 24.85  |
| 5. Nora Miller    | Cal Collegiate Challenge (4/27/07) | 25.17  |

### 400 Meter Dash (+54.61 NCAA; # School Record)

|                   |                           |       |
|-------------------|---------------------------|-------|
| 1. Ashley Freeman | Big Meet (4/7/07)         | 55.11 |
| 2. Laura Mottaz   | Stanford Invite (3/31/07) | 56.13 |
| 3. Claire Cormier | Stanford Invite (3/31/07) | 56.94 |
| 4. Idara Otu      | Triton Invite (4/21/07)   | 57.17 |

### 400 Meter Hurdles (+1:00.82 NCAA; # School Record)

|              |                                    |         |
|--------------|------------------------------------|---------|
| 1. Idara Otu | Cal Collegiate Challenge (4/27/07) | 1:03.21 |
|--------------|------------------------------------|---------|

### 800 Meter Run (+2:09.80 NCAA; # School Record)

|                      |                                |          |
|----------------------|--------------------------------|----------|
| 1. Ashley Freeman    | Pac-10 Championships (5/12/07) | +2:06:12 |
| 2. Arianna Lambie    | Stanford Invite (3/30/07)      | +2:08.23 |
| 3. Alicia Follmar    | Stanford Invite (3/30/07)      | +2:09.08 |
| 4. Kaylin Pennington | Stanford Invite (3/30/07)      | 2:09.91  |
| 5. Claire Cormier    | PJCI (4/29/07)                 | 2:10.03  |

### 1500 Meter Run (+4:27.80 NCAA; # School Record)

|                      |                                |          |
|----------------------|--------------------------------|----------|
| 1. Arianna Lambie    | Stanford Invite (3/31/07)      | +4:15.75 |
| 2. Lauren Centrowitz | Pac-10 Championships (5/12/07) | +4:19.76 |
| 3. Alicia Follmar    | Pac-10 Championships (5/12/07) | +4:21.72 |
| 4. Amanda Trotter    | Stanford Invite (3/31/07)      | +4:25.51 |
| 5. Kathleen Trotter  | Triton Invite (4/21/07)        | 4:33.24  |

**5000 Meter Run (+16:52.00 NCAA; # School Record)**

|                     |                           |           |
|---------------------|---------------------------|-----------|
| 1. Arianna Lambie   | PJCI (4/29/07)            | +15:31.34 |
| 2. Teresa McWalters | PJCI (4/29/07)            | +16:08.09 |
| 3. Katie Harrington | Stanford Invite (3/31/07) | +16:41.24 |
| 4. Kathleen Trotter | PJCI (4/29/07)            | +16:41.70 |
| 5. Amanda Trotter   | PJCI (4/29/07)            | +16:45.14 |

**3000 Meter Steeplechase (+10:50.25 NCAA; # School Record)**

|                     |                                |           |
|---------------------|--------------------------------|-----------|
| 1. Lindsey Allen    | Pac-10 Championships (5/12/07) | +10:20.91 |
| 2. Katie Harrington | Pac-10 Championships (5/12/07) | +10:29.35 |
| 3. Maddie O'Meara   | Pac-10 Championships (5/12/07) | +10:41.87 |

**10,000 Meter Run (+33:30.00 NCAA; # School Record)**

|                     |                                |          |
|---------------------|--------------------------------|----------|
| 1. Teresa McWalters | Pac-10 Championships (5/12/07) | 35:10.62 |
| 2. Kate Niehaus     | Pac-10 Championships (5/12/07) | 36:46.81 |
| 3. Kathleen Trotter | Pac-10 Championships (5/12/07) | 36:54.17 |
| 4. Amanda Trotter   | Pac-10 Championships (5/12/07) | 37:13.61 |

**4x100 Meter Relay (+45.70 NCAA; # School Record)**

|  |                                |        |
|--|--------------------------------|--------|
| 1. Stanford "A"  | Pac-10 Championships (5/12/07) | +44.78 |
| Janice Davis, Jakki Bailey, Nora Miller, Sarah Matthew |                                |        |

**4x400 Relay (+3:42.00 NCAA; # School Record)**

|  |                                |          |
|--|--------------------------------|----------|
| 1. Stanford "A"  | Pac-10 Championships (5/12/07) | +3:36.84 |
| Laura Mottaz, Janice Davis, Jakki Bailey, Ashley Freeman |                                |          |
| 2. Stanford "B"  | Stanford Invite (3/31/07)      | 3:49.09  |
| Claire Cormier, Lauren Stewart, Nora Miller, Idara Otu   |                                |          |

**High Jump (+1.75m NCAA; # School Record)**

|                     |   |                   |
|---------------------|---|-------------------|
| 1. Lauren Stewart   | Triton Invite (4/21/07)                     | +5-10 (1.78m)     |
| 2. Lindsey Gannaway | Triton Invite (4/21/07), Quad Meet (3/3/07) | +5-08 3/4 (1.75m) |
| 3. Kara Bennett     | Pac-10 Multis (5/5/07)                      | 5-07 3/4 (1.72m)  |
| 3. Tessa Flippin    | PJCI (4/29/07)                              | 5-07 (1.70m)      |

**Pole Vault (+3.80 NCAA; # School Record)**

|                   |                         |                   |
|-------------------|-------------------------|-------------------|
| 1. Caitlin Hewitt | Triton Invite (4/21/07) | 12-01 1/2 (3.70m) |
|-------------------|-------------------------|-------------------|

**Long Jump (+6.00 NCAA; # School Record)**

|                   |                                |                    |
|-------------------|--------------------------------|--------------------|
| 1. Erica McLain   | Pac-10 Championships (5/12/07) | +21-03 1/2 (6.49m) |
| 2. Sarah Matthew  | Big Meet (4/7/07)              | +19-09 1/2 (6.03m) |
| 3. Lauren Stewart | Triton Invite (4/21/07)        | 19-00 3/4 (5.81m)  |
| 4. Nora Miller    | Cal Coll. Challenge (4/27/07)  | 18-07 (5.66m)      |
| 5. Janice Davis   | Triton Invite (4/21/07)        | 18-04 1/4 (5.59m)  |

**Triple Jump (+12.32 NCAA; # School Record)**

|                    |                                |                     |
|--------------------|--------------------------------|---------------------|
| 1. Erica McLain    | Pac-10 Championships (5/13/07) | +46-05 1/4 (14.15m) |
| 2. Lauren Stewart  | Stanford Invite (3/31/07)      | +41-07 1/4 (12.68m) |
| 3. Naikhoba Munabi | Quad Meet (3/3/07)             | 36-05 (11.10m)      |

**Shot Put (+14.30 NCAA; # School Record)**

|                         |                               |                     |
|-------------------------|-------------------------------|---------------------|
| 1. Melissa Yunghans     | Stanford Invite (3/31/07)     | +50-04 3/4 (15.36m) |
| 2. Michaela Wallerstedt | (4/28/07)                     | +47-10 (14.58m)     |
| 3. Erin Delaney         | Cal Coll. Challenge (4/27/07) | 46-09 (14.25m)      |
| 4. Kara Bennett         | Cal Multis (3/28/07)          | 33-05 1/4 (10.19m)  |
| 5. Lauren Stewart       | PJCI (4/29/07)                | 37-10 (11.53m)      |

**Discus Throw (+ 47.30m NCAA; = ### NCAA Provisional; # School Record)**

|                         |                                | <b>Time/Mark</b> |
|-------------------------|--------------------------------|------------------|
| 1. Michaela Wallerstedt | Pac-10 Championships (5/12/07) | +161-11 (49.35m) |
| 2. Sally Mills          | Triton Invite (4/21/07)        | 154-09 (47.16m)  |
| 3. Erin Delaney         | PJCI (4/29/07)                 | 132-08 (40.45)   |
| 4. Melissa Yunghans     | Quad Meet (3/3/07)             | 131-09 (40.17m)  |
| 5. Erin Delaney         | Quad Meet (3/3/07)             | 119-03 (36.34m)  |

**Hammer Throw (+54.15 NCAA; # School Record)**

|                     |                           |                  |
|---------------------|---------------------------|------------------|
| 1. Katy Elsbury     | Stanford Invite (3/31/07) | +185-00 (56.38m) |
| 2. Jaynie Goodbody  | PJCI (4/29/07)            | +180-01 (54.88m) |
| 3. Melissa Yunghans | Big Meet (4/7/07)         | 159-04 (48.56m)  |

**Javelin Throw (+43.45 NCAA; # School Record)**

|                    |                                |                  |
|--------------------|--------------------------------|------------------|
| 1. Danielle Maier  | Pac-10 Championships (5/12/07) | +160-11 (49.06m) |
| 2. Jaynie Goodbody | Big Meet (4/7/07)              | 140-00 (42.67m)  |
| 3. Kara Bennett    | Pac-10 Championships (5/12/07) | 137-10 (42.02m)  |
| 4. Lauren Stewart  | PJCI (4/29/07)                 | 114-00 (34.75m)  |

**Heptathlon (+5,500 points NCAA; # School Record)**

|                   |                        |              |
|-------------------|------------------------|--------------|
| 1. Lauren Stewart | UCLA Meet (4/14/07)    | 4,567 points |
| 2. Kara Bennett   | Pac-10 Multis (5/6/07) | 4,416 points |